"Teens want to be able to look in the mirror and be proud of the person looking back.

Give teens the facts, give them a person to talk to who cares about them and they will act with intelligence and self-respect."

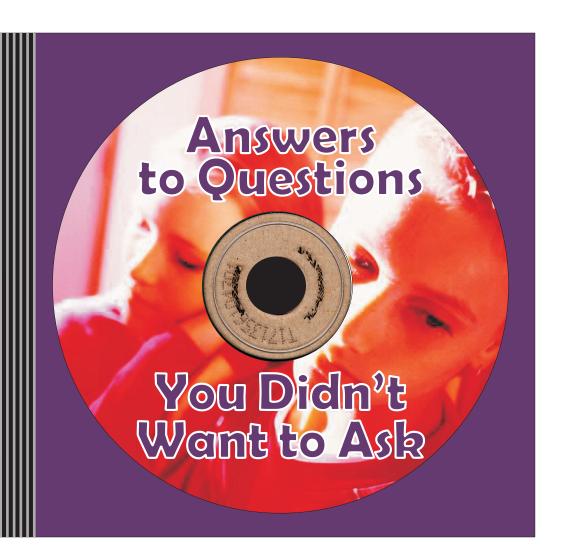


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## Here's What Some Kids Are Saying

"It's like if you do it, then you're OK. There's a lot of pressure to say you've done it."

-15 year-old boy

"Hey, it's my body. You need to have your own mind. Anyone who pressures you to have sex doesn't respect you."

-12 year-old girl

My boyfriend says,
"Can you help me out?
You must not really love
me if you don't help me
out." -13 year-old girl

"Sometimes you feel like you've got to brag just to keep up. It's not just the guys. Girls put pressure on you, too."

-14 year-old boy

## Resources

#### STD Counseling and Testing Sites

Boston Medical Center 617-414-3824

Children's Hospital Boston (HIV testing only)
617-355-8127

Massachusetts General Hospital 617-726-2748

Centers for Disease Control and Prevention
National STD and AIDS Hotline
1-800-227-8922

#### Resources

Centers for Disease Control
Sexually Transmitted Diseases Facts & Info.
http://www.cdc.gov.nchstp/dstd/disease\_info.htm

Center for Young Women's Health, Children's Hospital, Boston. Provides information to teenage girls and young women. http://www.youngwomenshealth.org/

Trusted Adults
Parents, Family Members, School Nurse,
School Psychologist, Clergy, Your Doctor

Teens think a lot about sex.

Trying to figure out what everyone's doing and what's right for you is not easy.

Truth is <u>you're</u> the one that's got to live with your decision, not your friends.

# Most Teens Are Not Having Sex (and that includes oral sex)

Despite all the stuff you see on TV and in magazines, most American teens are <u>not</u> having sex.

But how are you supposed to sort through all the hype and rumors and make the right decision for you?

First, make sure you have accurate information...

# Like your parents

(or a trusted adult)...

Yes...talking about sex with your parents can be uncomfortable.

Yes...parents can get that "panic" look on their face when the word "sex" comes up.

But...at least you know they care about you. Hand them this brochure and start talking. They know more than you think.

## Talk To Someone You Trust

Making good decisions involves more than just having information. It involves talking things out with someone who really cares about you...

# You Need To Know The Law

Most teens do not know what the law says about teen sexual behavior. Did you know that...

Sexual touching (breasts, buttocks, etc.) with <u>someone</u> under 14 is against the law even if <u>both</u> people agree.

Sexual intercourse

(including oral sex) with someone under age 16 is against the law, even if both people agree.

Boys who become fathers have to pay child support, boys are usually the ones charged in statutory rape cases, and boys can get sexually transmitted diseases just like girls.

## What About The Boys?

Sometimes it seems like girls are the only ones who have to face the consequences for sex.

**WRONG!** 

The law is called Statutory Rape.

For example, if a 16 year old has sexual intercourse with a 13 year old, the 16 year old has broken the law.

Even if the 13 year old agrees.

Of course, sexual touching against someone's will or forcing someone to have sexual intercourse is always against the law, no matter how old you are.

Herpes - and its symptoms of returning painful sores - can be treated, but the disease cannot be cured.

Oral sex is not safe. You can acquire a non-curable sexually transmitted disease.

Human Papilloma Virus (HPV) can lead to cervical cancer.

Chlamydia can lead to infertility (you can't have children).

#### Internet

It is against the law to e-mail someone repeatedly against their wishes and cause them emotional distress. It is also against the law to threaten to rape or hurt someone physically over the Internet.

## Getting The Wrong Information Can Really Mess Up Your Body...

The consequences of having sex can be very painful, both physically and emotionally.

How many of your friends know that...

Sexually transmitted diseases are NOT ALWAYS CURABLE.

Some can kill you.

Others are painful and embarrassing diseases that you live with for the rest of your life.

And we're not just talking about HIV/AIDS.